

dried after using, then each finger plugged with absorbent cotton, or dusted with talcum powder or boric acid.

The operating-room clothing is cleaned after an operation in the following way: Shake every piece used, so as to remove all instruments, pins, needles, etc., that have become attached during an operation, then soak all clothing in cold, running water, so as to remove all blood, etc.; then rub them well on a washboard, using hot water, and good cleansing laundry soap or washing powder; rinse in three different running waters, boil in 3 per cent. Soda Sol. for 30 minutes, remove and rinse in three running waters, dry them in the hot sun, mangle and iron, and prepare them to be placed in the sterilizer. Stains from iron rust, pot. permanganate, ink, etc., are best removed by soaking in a 1 per cent. Sol. Oxalic Acid, after which the articles should be carefully rinsed. Chloride of Lime should never be used for removing stains of blood from clothing, as it makes it sticky and brittle.

(To be continued.)

The Royal Red Cross.

Lord Kitchener visited Johannesburg on the 4th inst. for the purpose of presenting the Royal Red Cross, lately bestowed by the King, to Madame Ferrières, the head of the French ambulance, for the useful assistance rendered by her to wounded British soldiers at the time of the occupation of the town. The presentation was made in No. 6 Field Hospital. Lord Kitchener expressed the pleasure it gave him to bestow the honour on Madame Ferrières.

The Coming Congress.

Mrs. Bedford Fenwick, President of the International Council of Nurses, has been invited by the American Committee convening the forthcoming Congress of Nurses at Buffalo, to be Honorary President of the Congress, an honour which she has accepted. Mrs. Fenwick has also consented to read a paper on "Organisation and Legislation for Nurses."

Miss Isla Stewart has been invited, and has consented, to read a paper on "How Hospitals are Administered in Great Britain."

The Matrons' Council.

The quarterly meeting of the Matrons' Council will, this month, be held at 20, Upper Wimpole Street, on Friday, the 19th inst., at 4 p.m. The change in the place of meeting is occasioned by the fact that perennial spring cleaning will be in full force under the hospitable roof of our President.

Profit and Pleasure

FOR NURSE DELEGATES IN THE UNITED STATES.

By MISS MAUD BANFIELD,
Hon. Secretary International Nurses' Congress.

In view of the approaching International Congress of Nurses, to be held at Buffalo, New York State, on September 18, 19, and 20, a few details in regard to how much can be done in the limited time usually at the disposal of busy women, and the approximate cost, may possibly be of interest. The climate is also very different from our English climate. But when we remember that Philadelphia, for instance, is in the same latitude as Madrid, it does not seem so surprising that the months of July and August are warm. Indeed, I do not think I should be exaggerating, if I called them hot. Last summer the thermometer varied from 94 to 101 degrees in the shade for a considerable time; this means as little clothing as the law allows, and for all who are fortunate enough to be free, a prompt departure north. For this reason it would seem advisable for our friends to plan, if possible, that they should visit the larger cities in the States, such as New York, Philadelphia, Baltimore and Washington, after the congress is over, rather than in July, August, or early September. The temperature is usually quite comfortable by the third or fourth week in September.* Buffalo itself is on the shores of Lake Erie, and I am told there is always a breeze there. It will, however, be advisable to bring thin summer clothing. For those who are pressed for time, a very pleasant trip can be arranged as follows, which need take only six weeks, although, of course, a longer time is desirable. Liverpool, or Southampton to New York by the Lucania (Cunard), or St. Paul (American), on September 7, arriving in New York on the following Saturday morning; on Monday, New York to Buffalo; leave Buffalo on Saturday morning, September 20, for Niagara Falls (distant only half an hour by rail), Niagara to Toronto, Toronto to Kingston by rail; boat at Kingston, through the Thousand Islands of the St. Lawrence and the Lachine Rapids, to Montreal; Montreal to Quebec by boat; Allan or Dominion line from Quebec to Liverpool. This would allow a stay of a day or two, or in some cases three days, in the cities named, and enable the traveller to reach Liverpool comfortably by October 19, exactly six weeks from date of sailing. The cost of this trip by rail and river steamer, New York to Quebec, would be about £5. The Atlantic steamer fares vary with the accommodation. The ticket from New York

* Parts of New England and Canada are cool throughout the summer.

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